

Intro to Balance **with Marianne Longo, PT**

Tuesdays & Thursdays

May 12th – May 28th

10:45am-11:45am

Cost: \$50

Beyond the Machines: Exercise for Everyday Activities

with Marianne Longo, PT

*Learn how to add variety to your
exercise routine!*

Tuesdays & Thursdays

May 12th – May 28th

12:00pm-12:45pm

Cost: \$50

Space is limited, so sign-up at the desk today!