Intro to Balance
with Marianne Longo, PT

Tuesdays & Thursdays
May 12th – May 28th
10:45am-11:45am
Cost: $50

Beyond the Machines:
Exercise for Everyday Activities
with Marianne Longo, PT

Learn how to add variety to your exercise routine!

Tuesdays & Thursdays
May 12th – May 28th
12:00pm-12:45pm
Cost: $50

Space is limited, so sign-up at the desk today!